



EMOTIONAL MATURITY OF INTERMEDIATE STUDENTS

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Abstract

The research paper has been designed to examine the emotional maturity among Intermediate Students in Guntur division of Guntur District of Andhra Pradesh. The study was conducted on a sample of 600 Intermediate Students studying in various schools in the Guntur District of Andhra Pradesh. The emotional Maturity Scale was developed and standardized by Dr. Roma Pal. The reliability coefficient of the split-half method and test-retest for this scale were 0.74 and 0.77. The results revealed the gender of Intermediate Students do not make a significant difference in their emotional maturity. The locality of living of Intermediate Students don't make a significant difference in their emotional maturity. The management of Intermediate Students don't make a significant difference in their emotional maturity.

Introduction

Emotional pressure during adolescence is increasing day by day. Emotions are the basic primitive forces by nature, allowing the organism to withstand the most laborious conditions for survival. Emotions are a way of acting, a way of blending into the world; they can be constructive and destructive. Emotions have a strong relationship with desires, needs, and interests. Healthy emotional development goes hand in hand with emotional maturity. Emotional maturity is the product of much of the interaction between the home environment, the school environment, society, culture, and the programs you watch on television. A mentally mature person can adjust better with himself and others. He accepts reality and does not whisper for small things. Emotional maturity is known as the process of impulse control by the agency of the self or ego. Dosanjh (1960), "Emotional maturity means balanced personality. The ability to control disturbing emotions, to show stability and endurance under stress, and to be patient and without a neurotic tendency". Emotional maturity is not only an effective determinant of personality modeling but also helps to control adolescent development. The 'maturity of emotional behaviour at any level reflects the effects of normal emotional development. A person can control his emotions, which can break the delay and suffer without self-pity, can still be emotionally traumatized and childish. A mentally stable person has better adjustment with himself as well as others. A mentally mature person will

have more satisfaction in life; He is satisfied with what he has and has a balanced attitude. During adolescence, physical, emotional, psychological, cultural, intellectual, and social behavioural changes occur in life. These changes can lead to sudden anxieties and cause confusion and unrest in them. It is said to be the foundation of emotional maturity to live a happy and fulfilling life. A person's life is a very painful thing if someone does not has emotional maturity. It is the process by which a person is constantly striving for greater emotional health both intra-psychologically and intra-personally. In the present circumstances, children along with youth are also facing many difficulties in life. These difficulties lead to many psychosomatic problems such as anxiety, tension, depression, and emotional problems in daily life. Therefore, the study of emotional life is now a detailed science, comparable to anatomy. It deals with the interaction of forces with intensities and magnitudes. Therefore, an emotionally mature person is not necessarily one who has all the conditions to provoke anxiety and hostility, but he is constantly feeling, watching the healthy integration of thought-action take part in the struggle. It motivates the researcher to study the emotional maturity of Intermediate Students in Guntur division of Guntur District of Andhra Pradesh.

Statement of the Problem

"A Study on Emotional Maturity of Intermediate Students".

Objectives of the study

- To find out the difference of emotional maturity of Intermediate Students due to variation in their gender.
- To find out the difference of emotional maturity of Intermediate Students due to variation in their locality.
- To find out the difference of emotional maturity of Intermediate Students due to variation in their management.

Hypotheses of study

- There is no significant difference in the emotional maturity of Intermediate Students due to variation in their Gender.
- There is no significant difference in the emotional maturity of Intermediate Students due to variation in their locality.
- There is no significant difference in the emotional maturity of Intermediate Students due to variation in their management.

Research Methodology

In this research, the detailed survey research design was used and the research was conducted among Intermediate Students in Guntur division of Guntur District of Andhra Pradesh. The study was conducted on a sample of 600 Intermediate Students using a random sampling method that was stratified in proportion to ensure population representation. The emotional Maturity Scale was developed and standardized by Dr. Roma Pal. The scale consists of 40 statements. The scoring of items of the scale was done by giving a score of 5, 4, 3, 2, and 1 for strongly agree, agree, moderate, disagree, and strongly disagree respectively. The reliability coefficient of the split-half method and test-retest for this scale was 0.74 and 0.77. The validity coefficient of the present scale with Singh and Bhargava's emotional maturity scale was found to be 0.84. Mean, Standard Deviation, Percentage, and Critical Ratio were used in the study to analyse the data.

Data Analysis

Table-1: Emotional Maturity of Intermediate Students - Gender - Mean - SD - C.R.

Variable	Sample	Sample size (N)	Mean	S.D.	C.R.
Gender	Male	300	129.65	12.48	1.03#
	Female	300	130.67	11.76	

Not Significant at 0.05 level

The C.R. value (1.03) is lower than 1.96 at a 0.05 level of significance. Therefore, the null hypothesis is accepted. The gender of Intermediate Students does not make a significant difference in their emotional maturity.

Table -2: Emotional Maturity of Intermediate Students – Locality of living – Mean - SD - C.R.

Variable	Sample	Sample size (N)	Mean	S.D.	C.R.
Locality	Rural	300	130.93	12.16	1.93 #
	Urban	300	132.82	11.80	

Not Significant at 0.05 level

The C.R. value (1.93) is lower than 1.96 at a 0.05 level of significance. Therefore, the null hypothesis is accepted. The locality of living of Intermediate Students does not make a significant difference in their emotional maturity.

Table -3: Emotional Maturity of Intermediate Students – Type of management - Mean - SD - C.R.

Variable	Sample	Sample size (N)	Mean	S.D.	C.R.
Type of management	Govt.	300	131.62	11.52	1.23 #
	Private	300	132.84	12.68	

Not Significant at 0.05 level

The C.R. value (1.23) is lower than 1.96 at a 0.05 level of significance. Therefore, the null hypothesis is accepted. The type of management of Intermediate Students does not make a significant difference in their emotional maturity.

Findings of Study

- The gender of Intermediate Students do not make a significant difference in their emotional maturity.
- The locality of living of Intermediate Students don't make a significant difference in their emotional maturity.
- The management of Intermediate Students don't make a significant difference in their emotional maturity.

Conclusion

Emotional maturity is the ability to deal constructively with reality." Many attempts have been made to explain emotional maturity. Emotional maturity should not only emphasize restraint and control but also the optimistic possibilities inherent in the individual nature. A mature emotional deed at any stage of growth fully reflects the strong developmental fruits in all the internal acting characteristics of the developing person. The study of emotional life is now a detailed science, comparable to anatomy. It deals with the interaction of forces with intensities and magnitudes. Therefore, an emotionally mature person is not necessarily one who has all the conditions to provoke anxiety and hostility, but he is constantly feeling, watching the healthy integration of thought-action take part in the struggle. The findings of the study revealed that the gender of Intermediate Students do not make a significant difference in their emotional maturity. The locality of living of Intermediate Students don't make a significant difference in their emotional maturity. The management of Intermediate Students don't make a significant difference in their emotional maturity.

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